

# “Mmmmm-health: a tasty choice for consumer care, ‘front and centre’ on the menu”

Jacqueline Nix<sup>1</sup>,

<sup>1</sup> Occupational Therapy Department, Redcliffe Hospital, Metro North HHS, Locked Mail Bag 1, Redcliffe Qld 4020  
[jacqueline.nix@health.qld.gov.au](mailto:jacqueline.nix@health.qld.gov.au)

Having successfully modelled and trialled the use of mobile phone telehealth (m-health) to do home assessments in acute settings (Home Quick), Occupational Therapy at Redcliffe Hospital are again putting themselves “front and centre” as they embark on breaking new ground in Queensland Health with the innovative use of m-health. This time our intrepid therapists are bucking the telehealth system and rejecting the “cafeteria Sunday roast” option of the facility-to-facility model and instead we are cooking up nouvelle cuisine and using smart phones to smart phone links for the delivery of outpatient care.

This presentation will detail the steps involved in deciding why this was the way to go for our department; what is off the menu (which types of outpatients we felt would not work and why); who is sampling OT goods; which other AH professions might be a viable option other than OT; the feedback from our food critics (the consumers) about our traditional out-patient models as well as the potentially more palatable ‘take-away’ meal which can be served where it suits best (m-health care); initial consumer outcomes (positive or negative); and finally was this model of care tasty to more than just our consumers?

So have a seat at the table, challenge your taste buds on our mmmmm-health model, and organise a ‘doggy bag’ to take it home today.

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- Use “**Times New Roman**” for all text including titles. Left align all text.
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