

ALLIED HEALTH BRIEF THERAPIES CLINIC (AHBTC) PROJECT

BACKGROUND

- Fragmented public mental health and other service sectors contributes to negative care experiences and poorer health outcomes for mental health consumers at risk of suicide, as well as their family and carers
- Allied health mental health workforce building capacity to work to full scope

AHBT CLINIC PILOT

- 12mth collaborative project across 3 Hospital and Health Services - Darling Downs, Metro South and West Moreton Health (supported by AHPOQ and MHAODB - Connecting Care to Recovery 2016 – 2021)
- Timely access to therapeutic interventions in the community to increase continuity of care
- Co-located and delivered in partnership by public mental health and community managed mental health organisations
- Clinics support workforce to deliver brief therapeutic interventions (up to 6 sessions) to eligible consumers at risk of suicide within 72 hours of Emergency Department presentation

BENEFITS

- Enhanced transition between MH services and primary health
- Improved access to therapeutic services
- Creating tomorrows workforce – increased capacity to provide full- scope therapeutic interventions

EVALUATION

- Process, impact and outcomes focused evaluation
- Methodology employs a multi – site repeated measures, mixed method approach using standardised clinical measures, service implementation data, surveys and semi structured interviews

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Health

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