

# Improving Access to Dietetic Services Across Western NSW LHD With a Virtual Dietetic Service



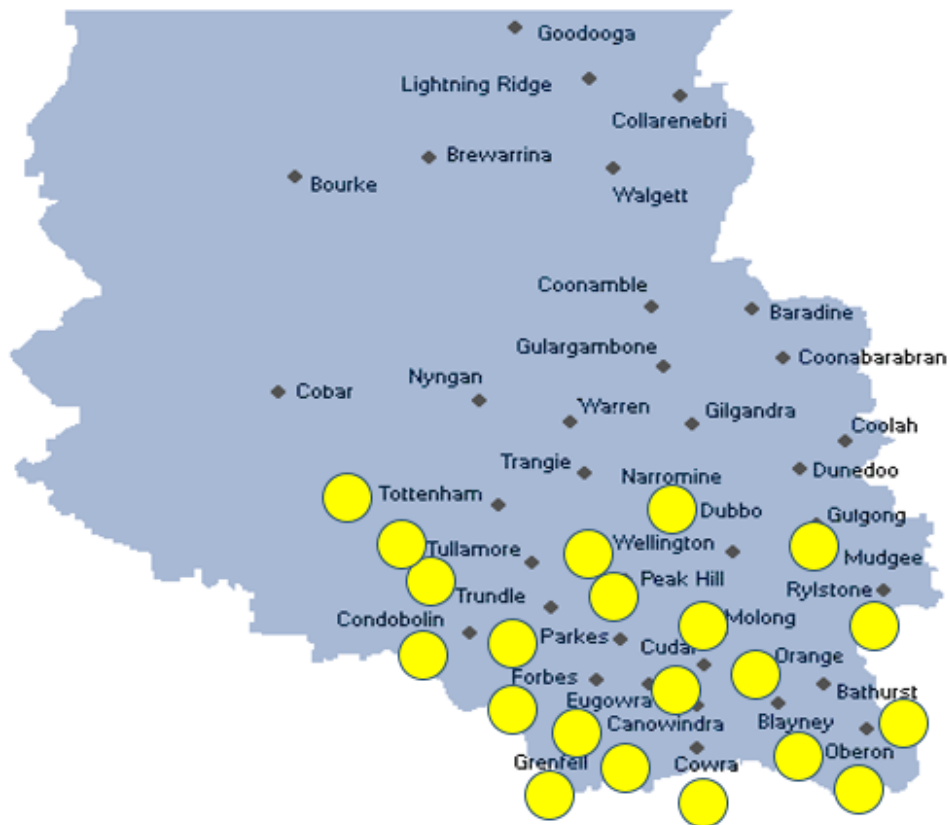
**Health**  
Western NSW  
Local Health District

## A Review of Dietetic Services in Western NSW Local Health District Identified:

- A lack of access to Dietetic Services in facilities in the North West of the LHD
- Patients with malnutrition potentially undiagnosed and untreated - at a cost to the LHD
- Low rates of malnutrition screening at sites without dietitians

## Dietetic Services Map, June 2017.

- Onsite Dietetic Service
- Virtual Dietetic Service



## Project Aims:

- To improve the health and well being of people in WNSW by increasing access to Dietetic Services in facilities without a Dietetic Service
- To empower Dietitians to utilise telehealth as a mode of service delivery



## Goal:

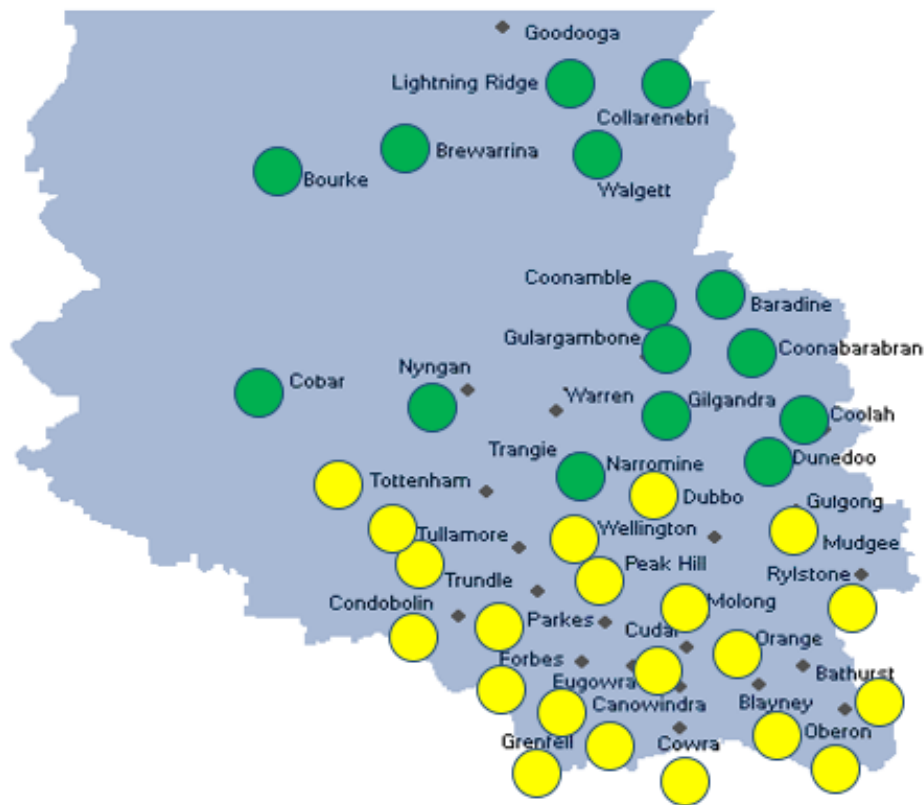
- 100% of patients with MST scores  $\geq 2$  referred to the Virtual Dietitian

## Process:

- Patients screened for malnutrition on admission
- MST scores of  $\geq 2$  generate referrals (in eMR) to the Virtual Dietitian at the sites receiving the VAHS Dietitian service.
- 'Pressure Injury Prevention Plans' in eMR generate referrals to the Virtual Dietitian

## Facilities receiving Virtual Dietetic Services, July 2019

- Onsite Dietetic Service
- Virtual Dietetic Service



## Key Contacts:

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