

Australian Occupational Therapists responses to an online survey about Restraint and Seclusion in Adult Acute Mental Health Inpatient Units

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Dysregulate

Occupational therapists' involvement in reducing seclusion and restraint was predominantly focused on supporting **the implementation of sensory approaches** in their workplaces.

Occupational therapist involvement included:

- delivery of sensory interventions in groups and individually
- supporting other members of the multidisciplinary team to use sensory approaches
- advocating for sensory spaces and ensuring that these were maintained
- providing training to other team members.

Sensory interventions



Regulate