

No time to waste:

Tailoring the model of care of a Kidney Supportive Care program to prioritise the time of those attending

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Kidney Supportive Care

- ❖ An integrated healthcare model, including palliative care, renal and allied health professionals for people with advanced chronic kidney disease (CKD) and their families/carers
- ❖ Focusing on symptom management, quality of life, advanced care planning and psychosocial support

Background

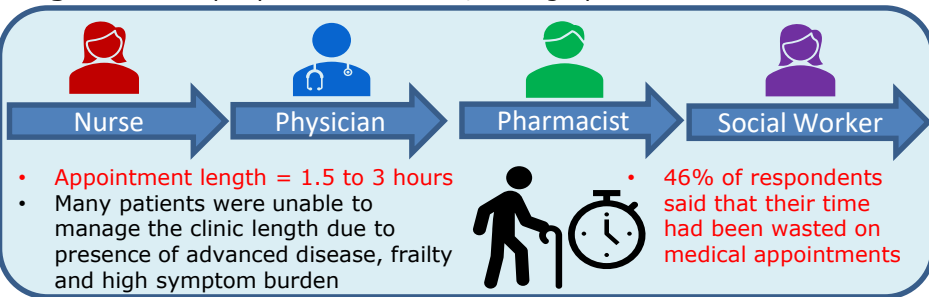
Influenced by the #last1000days philosophy this project sought to maximise the usefulness of KSC and prioritise the time of those attending.

Methods

- ❖ Stage one: reviewed the model of care using a retrospective review of clinical data and patient views gathered over a 3 years
- ❖ Stage two: modified the model of care to offer joint appointments with 2 or more clinicians

Results

Stage one: 360 people attended KSC, seeing up to 4 clinicians.



Stage two: Offered joint appointments with 2 or more clinicians.



Discussion Those attending KSC may have high symptom burden, presence of advanced disease and/or be in their final weeks/months of life. These people, and their families, have no time to waste. Providing joint consultation and prioritising the time of those attending can provide integrated, multidisciplinary healthcare that is useful, time effective and person-centred.

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