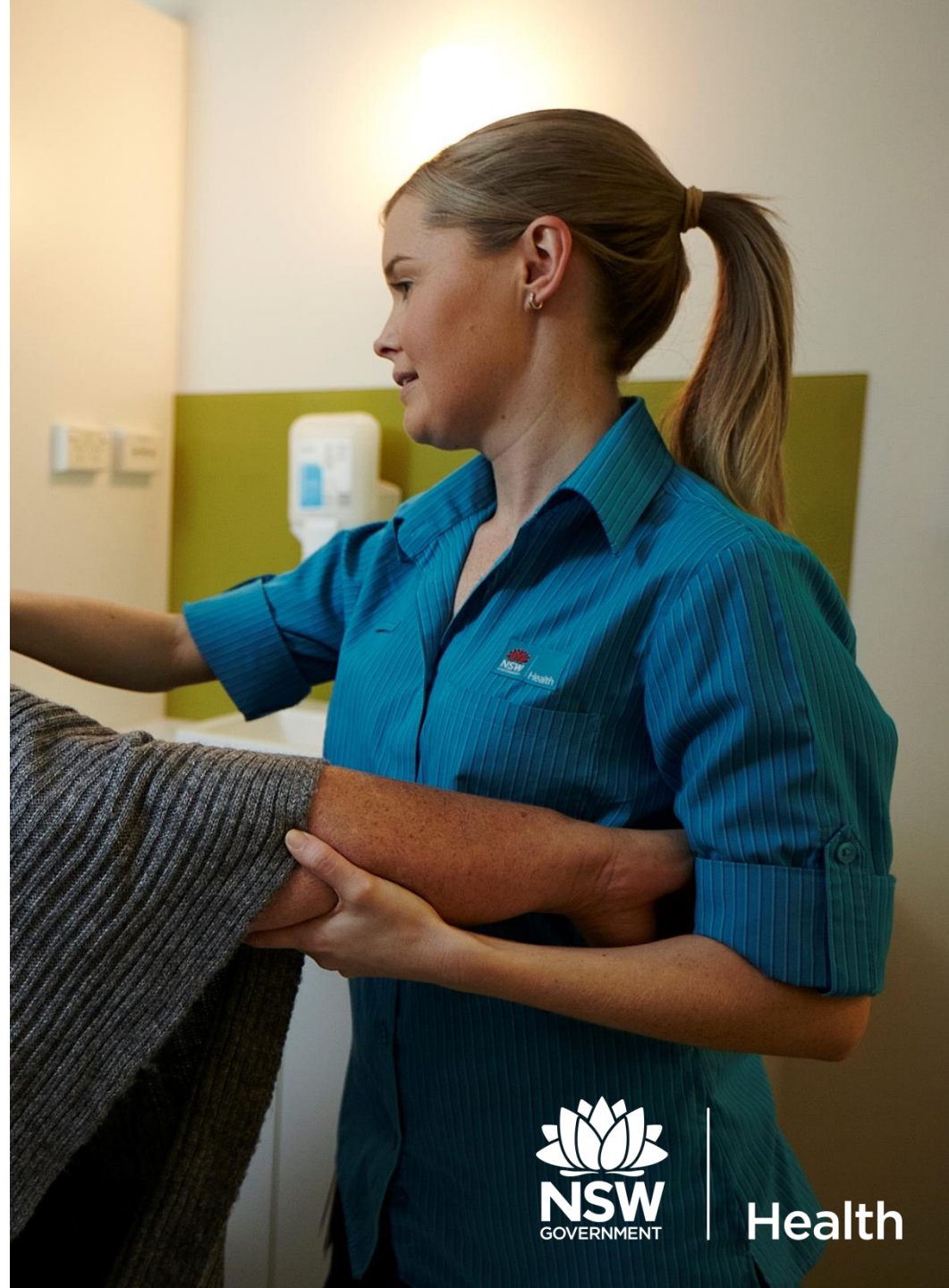


Peer supervision: co-design of a framework valuable to physiotherapists

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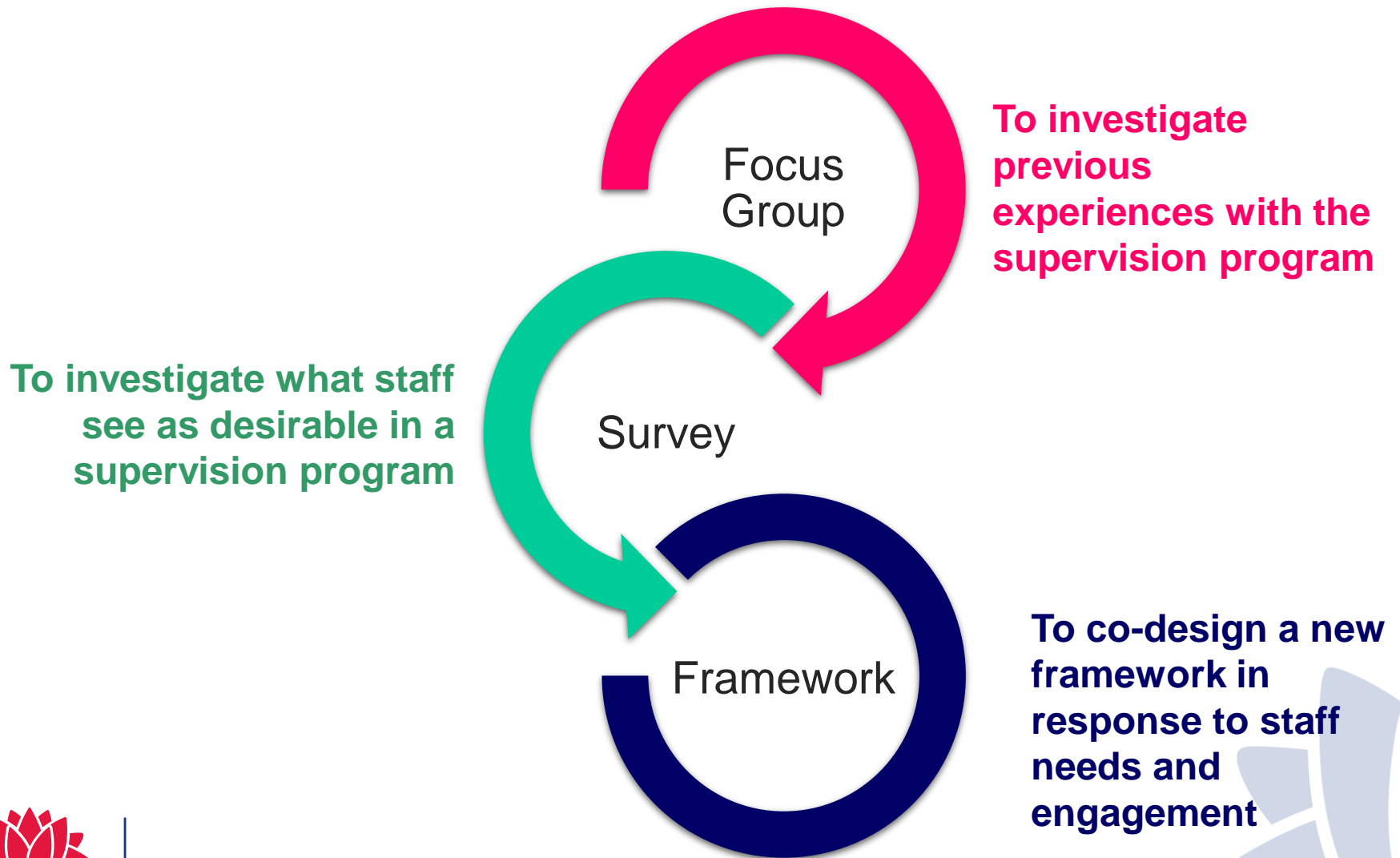
Peer supervision

- ▶ Useful in skill development and may promote a more resilient and capable professional.
- ▶ Little research has been conducted into the evaluation of supervision programs.
- ▶ Previous attempts to implement a peer supervision program in the physiotherapy department, Westmead Hospital, have not been successful and sustainable.



The aims of this project were to explore physiotherapist experience with the existing peer supervision program and evaluate the need for program change.

Mixed Methods Design



Results and Discussion

The new framework consists of tools to promote reflective practice and incorporates a flexible approach.

The re-designed peer supervision framework may be a sustainable program to support peer supervision in physiotherapy and other allied health disciplines.

Despite a small sample in this project, further research using the new framework may confirm this.