What do consumers of inpatient mental health facilities want to consume?
Insights from a food service consultation process.

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Foodservice needs for mental health facilities are highly complex.

- Location
- Service type
- Demographics
- Cost
- Consumer
- Mandatory Nutrition Standards
- Nutrition needs

NSW Government
Processes and learnings

- Site visits

- Surveys, focus groups and 1:1 discussion

- Engaging staff and consumers
What did consumers want?

- More access to healthy foods, larger meals, variety and special diet needs
- Limited access to cakes, desserts and hot breakfasts
- Homelike environment and special events
- Weekend treats
- Less waste