What mapping perinatal education tells us about the needs of expectant and new parents and the multidisciplinary team that provides this education

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NESTING project
Mapping Perinatal Education

Expressed Needs
Education provided and participation patterns

Expert Needs
Published guidelines, systematic reviews and emerging evidence

Mater Mothers Hospital

@Nesting4mums #2019NAHC
NESTING project

Lessons from mapping perinatal education at the Mater Mothers

A central ‘entry point’

Personal invitation to participate

Meet:
  • expert recommendations through cross-discipline collaboration
  • consumer’s needs at the right time in their journey

Develop expertise in facilitating behaviour change

Measure meaningful outcomes

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