

Introducing e-health into Physiotherapy Care for Enhanced Recovery Caesarean Section Patients

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What is the Clinical Problem?

Our ideal (or so we thought!) was to see patients face to face for a pre-op visit in the time period from their admission preceding their Caesarean birth.

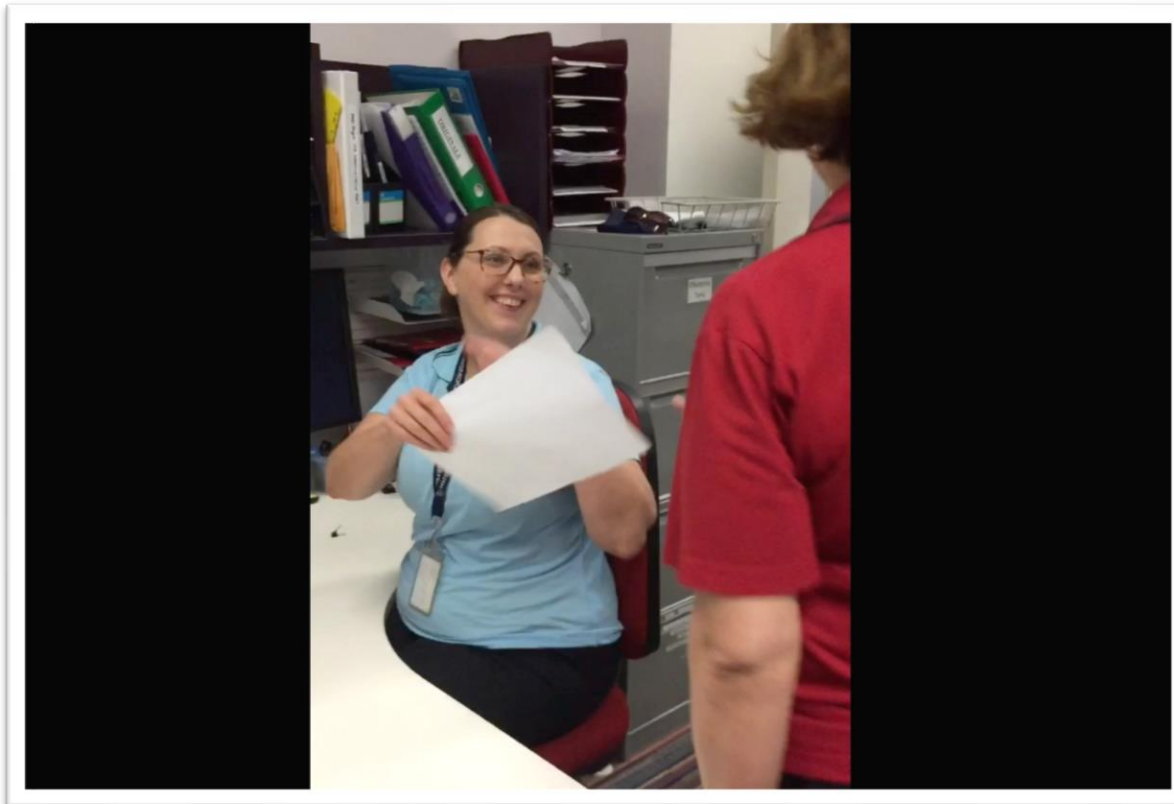
We encountered significant barriers in achieving this:



So how could we effectively provide pre op info more efficiently and effectively for patients and staff???

Introducing our e-health QI project for ERCS patients

Women on the ERCS program were emailed pre-op information which included a video link and written information demonstrating mobility tips and techniques to optimise recovery.



Outcomes

