



Western Health



Virtual Fracture Care

Improving fracture management for patients and clinicians

Dr Clarice Tang

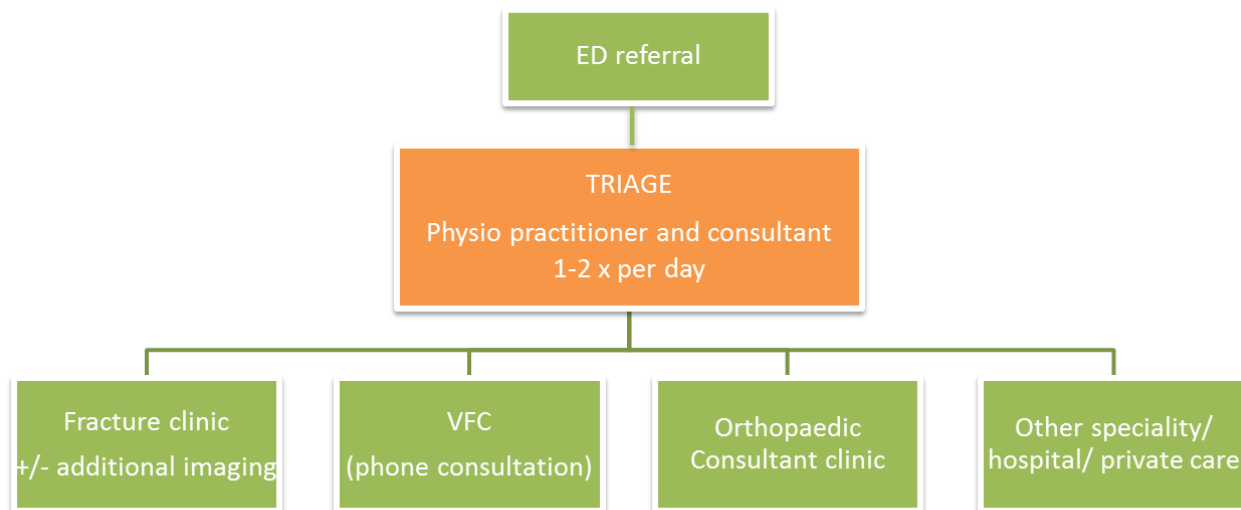
On behalf of the Virtual Fracture Care team

Background

- Fastest growing catchment
- 10265 fracture clinic attendances



Virtual Fracture Care (VFC)



Results

1. 3463 referrals triaged within between 2017 to 2018
2. Fracture base of 5th metatarsals and radial heads
3. Patient experience – high level of satisfaction, recommender score 8.6/10 (SD 1.4)
4. Reduced demand
5. Reducing variation in fracture management
6. Safety – ED representation rate in first 3 months 2.7%, nil adverse events
7. Enhance communication with GP



Discussion

Results indicate the WH VFC service:

Improves patient care:

Access

Consistency in management of simple fractures

Responsiveness of the health service

Safe

Reduces:

Demand

Future directions:

Refinement of condition specific pathways

Expand the service

Cost analysis



Virtual Fracture Care
Orthopaedic Department
Western Health

Please contact 0481 916 095 or 8345 7840
Or e-mail: fracturecare@wh.org.au

This is a follow-up letter to your recent telephone consultation with the fracture care team explaining the ongoing management of your injury. Your case has been reviewed by an Orthopaedic Consultant (Bone Specialist) and Fracture Care Physiotherapist.

You have sustained a fracture to your fibula (outside ankle bone), this is classified as a stable Weber A type fracture.

Healing: This normally takes approximately 6 weeks to heal.

Pain and Swelling: The swelling is often worse at the end of the day and elevating it will help. Pain and swelling can be ongoing for 3-6 months. Take pain medication as prescribed.

Using your foot: The boot you have been given is for your comfort only. It is not needed to aid fracture healing but will improve your symptoms. You may walk on the foot as comfort allows although you will find it easier to walk with crutches in the early stages.

Follow up: Routinely no further x-rays are required. You will be scheduled with a phone consultation at 6 weeks following your injury to review your progress.

Area of your injury



If you are worried that you are unable to follow this rehabilitation plan, or have any questions, please contact us for advice.

Or, if you experience pain or symptoms, other than at the site of the original injury or surrounding area, please get in touch using the details at the top of this letter.

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