Groups 4 Health: Going Home (Pilot)

Purpose: To assist people in reconnecting with Social Groups
**PROJECT PLAN**

Recruit 70 participants who either received G4H program alongside treatment as usual (n35) or treatment as usual alone.

**MEASURES**

**RESULTS: QUANTITATIVE**

![Graph showing mean score/rating over time for Depression, Loneliness, AQoL En/happ, AQoL Control/coping, and Multiple group.

**RESULTS: QUALITATIVE**

![Word cloud with keywords such as people, g4h, problems, help, connect, think, aware, contribute, positive, good, growing, helped, realising, talking, importance, respect, support, life, others, session, social, group, realize, laugh, helping, think.]

**PARTICIPANTS**

- **30**

**INTERVENTION**

- **5**
CHALLENGES

❖ Recruitment
❖ Research Assistant not a Queensland Health Employee
❖ Novice Researchers with Full Clinical Case Loads
❖ Credentialing of Non Queensland Health Staff

RECOMMENDATIONS

❖ G4Health in the Community with the Older Population
❖ Possible Publications
❖ Test Further with Randomised Control Method

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