



Metro North Hospital and Health Service *Putting people first*

COLLABORATIVE RESEARCH – COMMUNITY AND ORAL HEALTH, UNIVERSITY OF QUEENSLAND HEALTH AND BEHAVIOURAL STUDIES and BALLYCARA

# Groups 4 Health: Going Home (Pilot)

**Purpose: To assist people in reconnecting with Social Groups**



THE UNIVERSITY  
OF QUEENSLAND  
AUSTRALIA



## PROJECT PLAN

Recruit 70 participants who either received G4H program alongside treatment as usual (n35) or treatment as usual alone.

## MEASURES

**MIXED METHOD  
OF QUALITATIVE  
AND  
QUANTITATIVE**

## RESULTS: QUALITATIVE



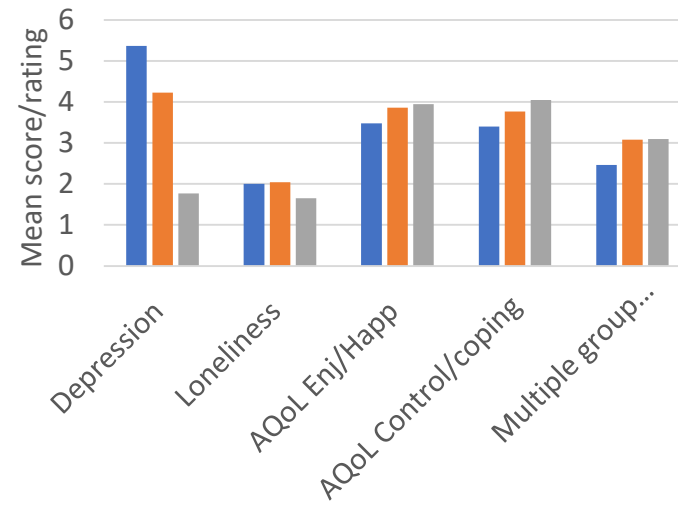
## PARTICIPANTS

30

## INTERVENTION

5

## RESULTS: QUANTITATIVE



■ PreG

■ EndG4H

■ 1 month post G4H

# CHALLENGES

- ❖ Recruitment
- ❖ Research Assistant not a Queensland Health Employee
- ❖ Novice Researchers with Full Clinical Case Loads
- ❖ Credentialing of Non Queensland Health Staff

## RECOMMENDATIONS

- ❖ G4Health in the Community with the Older Population
- ❖ Possible Publications
- ❖ Test Further with Randomised Control Method



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