

Jamming Together - working with music therapy to extend the scope of practice for AHAs.

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RES – 19-0000-112Q

AHAs in Music Therapy

Music therapy is a research-based practice and profession in which music is used to actively support people as they strive to improve their health, functioning and wellbeing. The music therapy service at Monash Health is one of the largest in Australia and works across the lifespan.

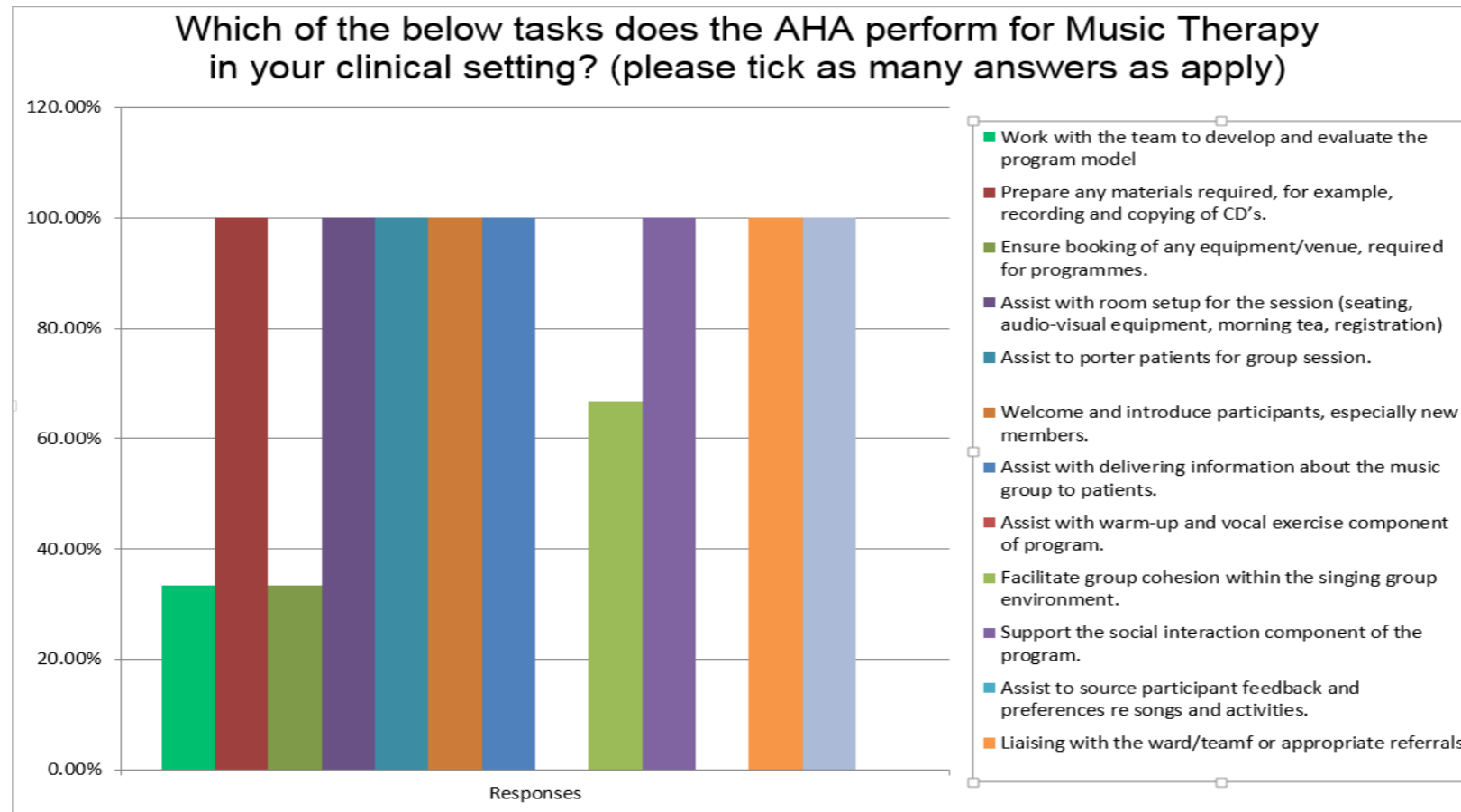
Monash Health is an industry leader when it comes to Allied Health Assistants (AHAs) presently employing over one hundred and fifty.

In 2016 a research project launched the first Monash Health AHA into the Music Therapy space, 'Parkinsong'.

Music Therapy now integrate AHA support in group, individual sessions, and administrative work. To support and enhance patient goals, development of the multidisciplinary AHA role continues.

What do AHAS do in Music Therapy?

AHAs are working dynamically at Monash Health to create new pathways, new professional standards and establish the capabilities of AHAs in this area.



The role of the AHA in Music Therapy continues to expand and evolve. It is being regularly evaluated via electronic survey.

AHAs in Music Therapy

Figure 1. 'Parkinsong Group', Cranbourne Integrated Care, co-led by Music Therapist Fiona Sham and Allied Health Assistant Louise Britzman



Figure 2. 'Music Therapy Group', Monash Childrens' Hospital, co-led by Music Therapist Carena Khoo and Allied Health Assistant Greta DeVincentis



AHA support and collaboration has enabled music therapy to expand their service and allowed a greater capacity for the clinicians to work at the high end of their scope of practice, supporting a high standard of patient care.