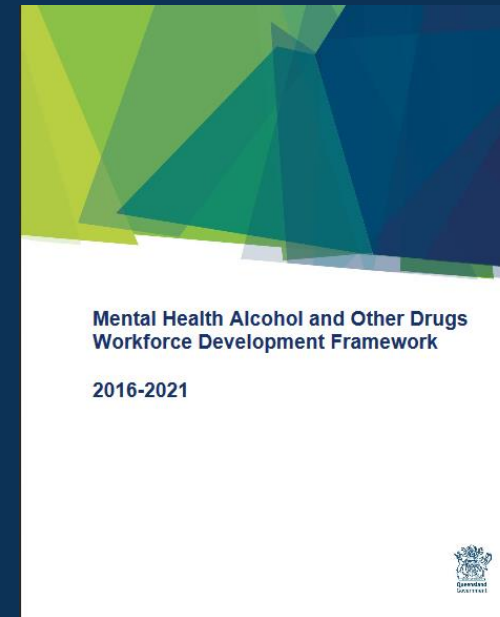


Strategies to enhance Allied Health Professionals in Mental Health Services to practice to full scope: A paradigm shift from case management

Allied Health Professions Office of Queensland
Clinical Excellence Queensland
Fiona Hall & Catherine Stephens

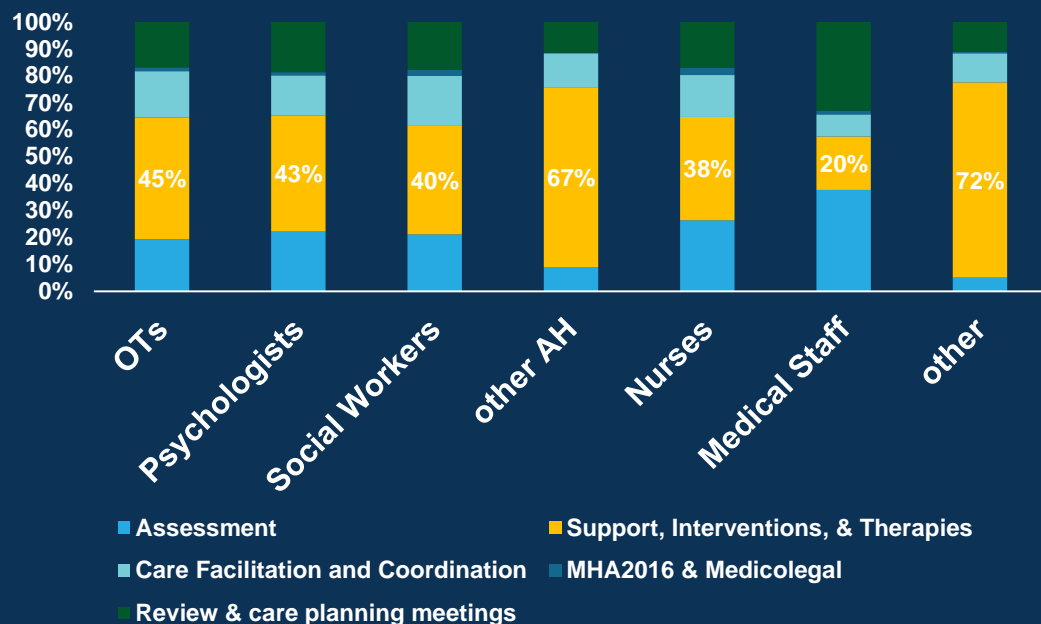


Setting the scene



Current Context – CIMHA Data

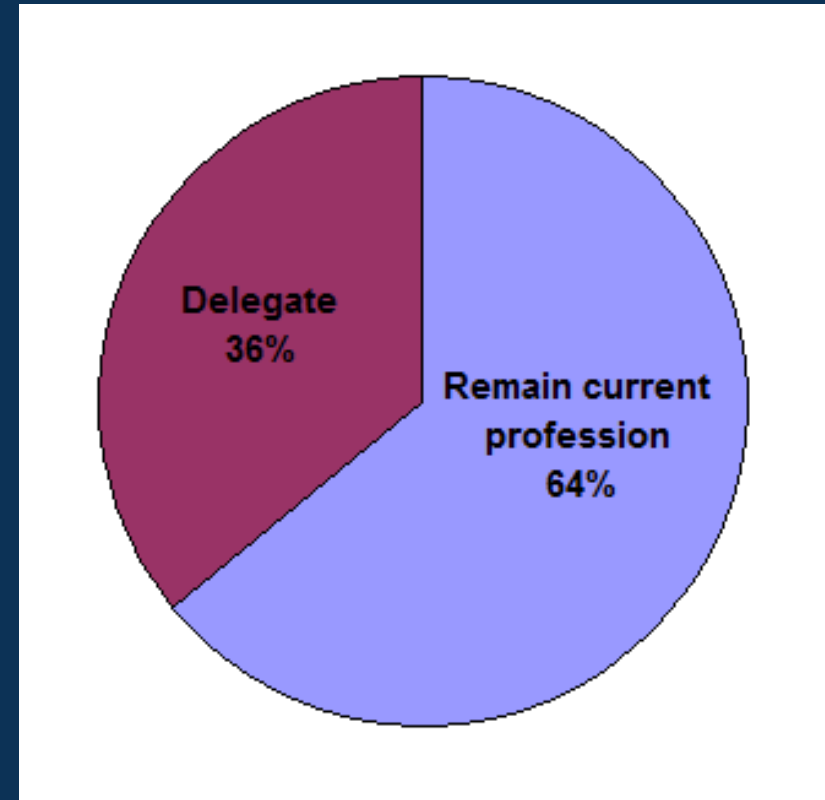
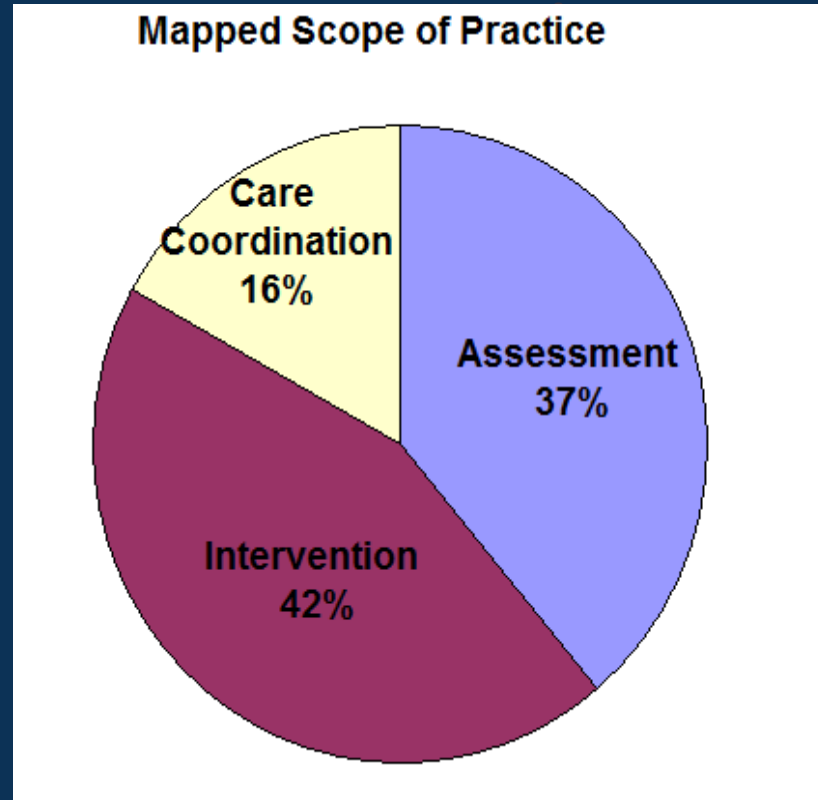
Proportion of Grandparent Intervention Types by Discipline



Top 10 Support, Therapies and Interventions Codes Psychologists

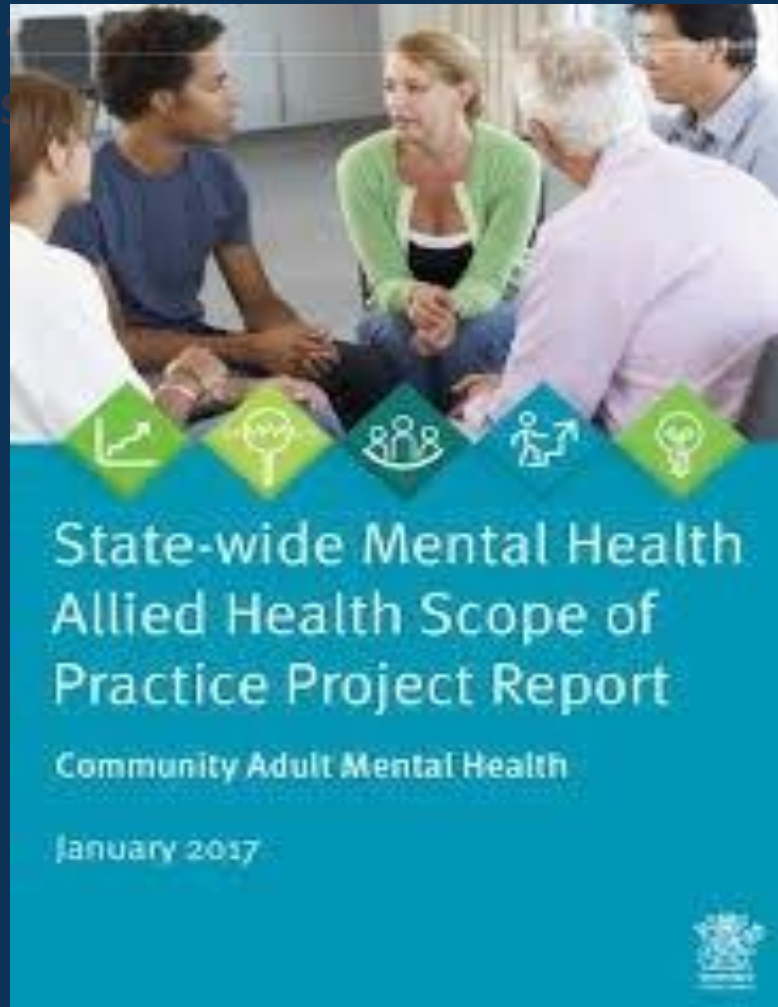
Intervention Type	ACT	CCT	CYMHS	OP
Ongoing monitoring and support	38%	19%	11%	46%
Cognitive and Behavioural Therapy	5%	18%	19%	21%
Family/Carer focused interventions	11%	4%	19%	8%
Dialectical Behaviour Therapy	1%	19%	5%	2%
Support/interventions/therapies NEC	8%	11%	7%	<1%
Recovery/safety/care planning	12%	8%	7%	4%
Psychological & expressive therapies	1%	2%	9%	1%
Insight Orientated Therapy	<1%	3%	4%	<1%
Pharmacotherapy interventions - Review	1%	1%	4%	6%
Crisis response	19%	2%	1%	2%
Generic Interventions	46%	30%	18%	46%

The Statewide Mental Health Allied Health Scope of Practice Project (2017)



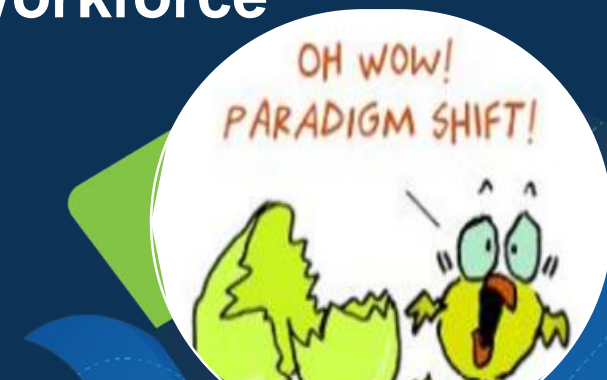
Method

Change Is Good
Now You Go First



Strategies to address AH Mental Health scope of practice

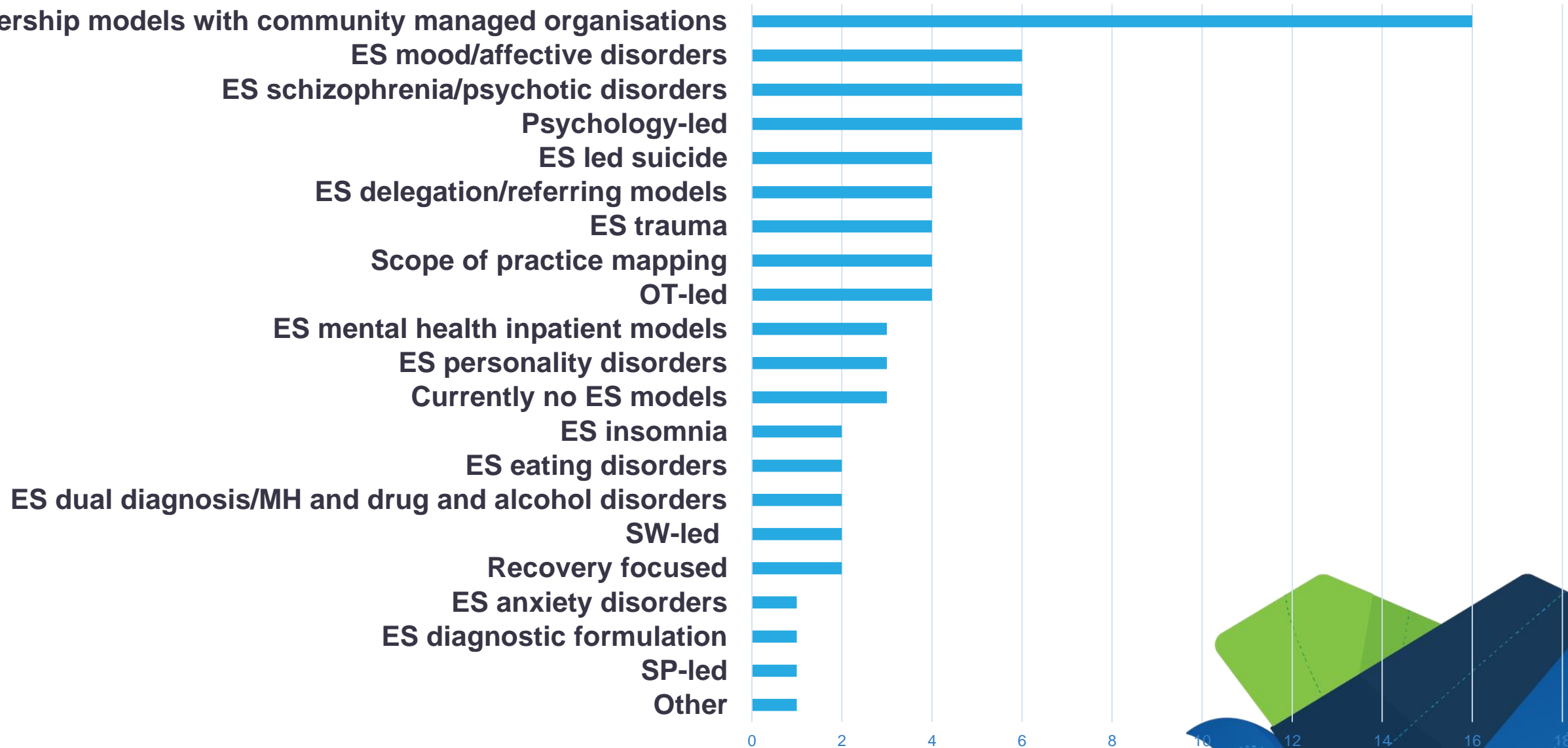
- **Service and workforce mapping based on community needs - informing therapeutic skills training, staff recruitment and development needs**
- **Enhanced governance of Allied Health**
- **Health services leading and implementing models of care that optimise patient outcomes and the scope of practice for all of the mental health workforce**
- **Translation of delegation models for the allied health workforce**
- **Evaluation of the models of care**



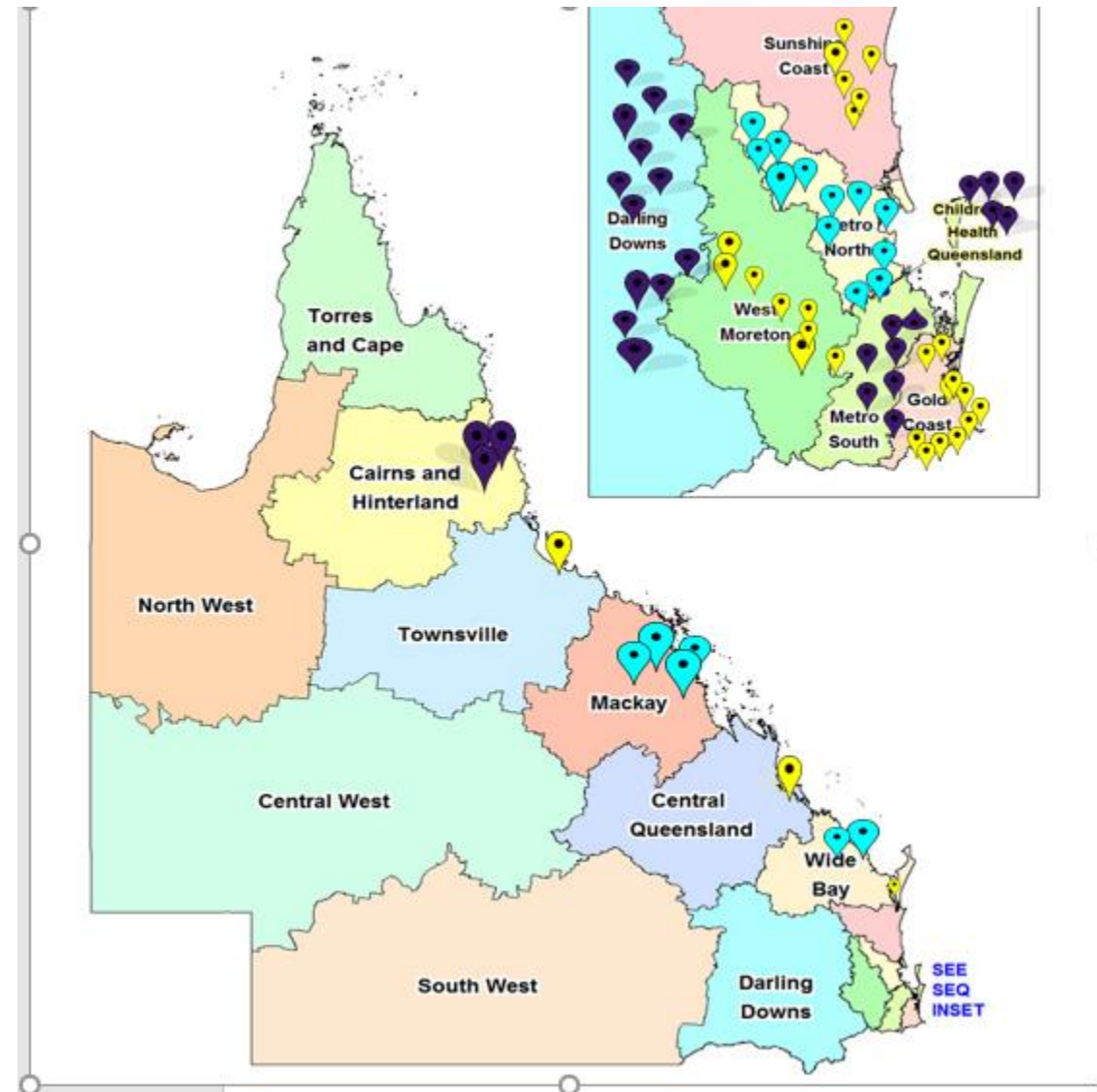
Strategy evaluation

Evaluation of the mental health allied health strategies included collection of data relating to allied health professional expanded scope of practice activities and models of care

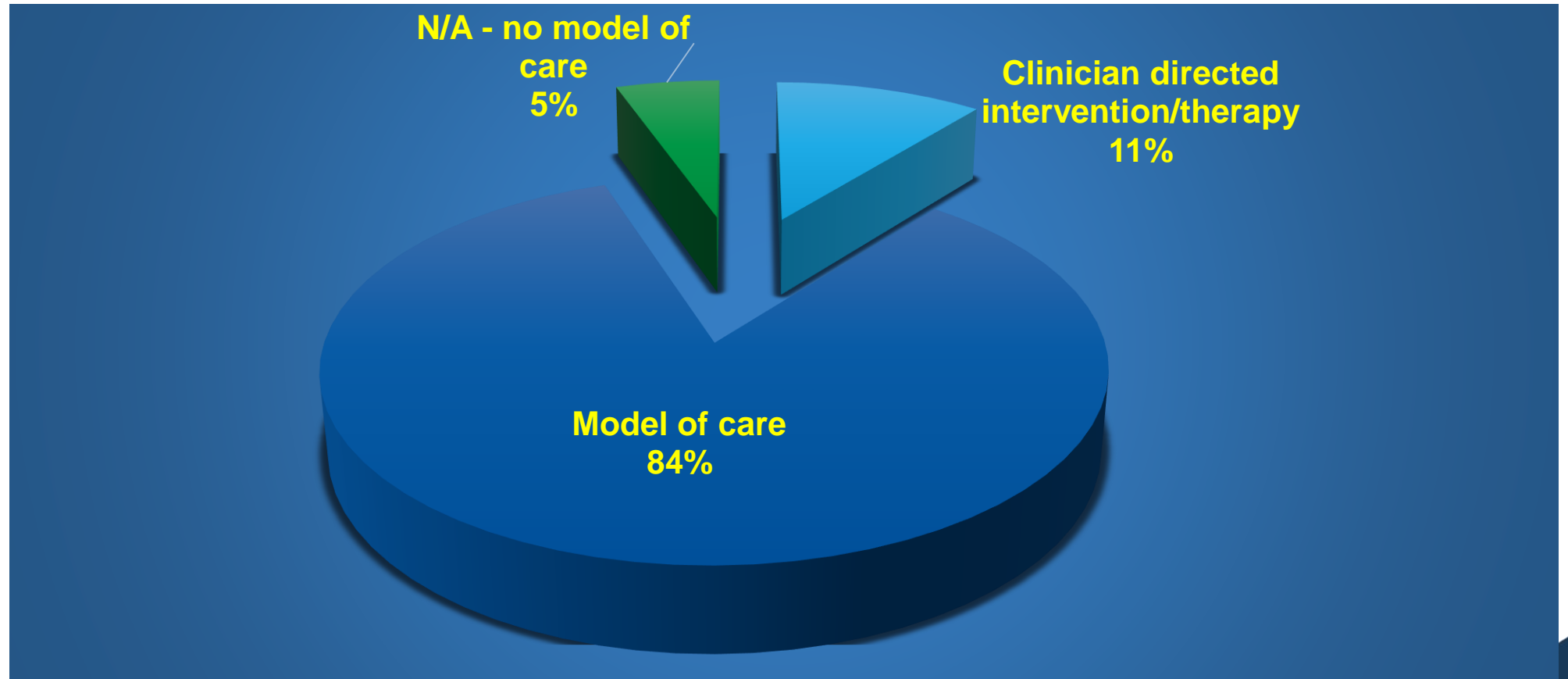
Results: expanded scope (ES) models



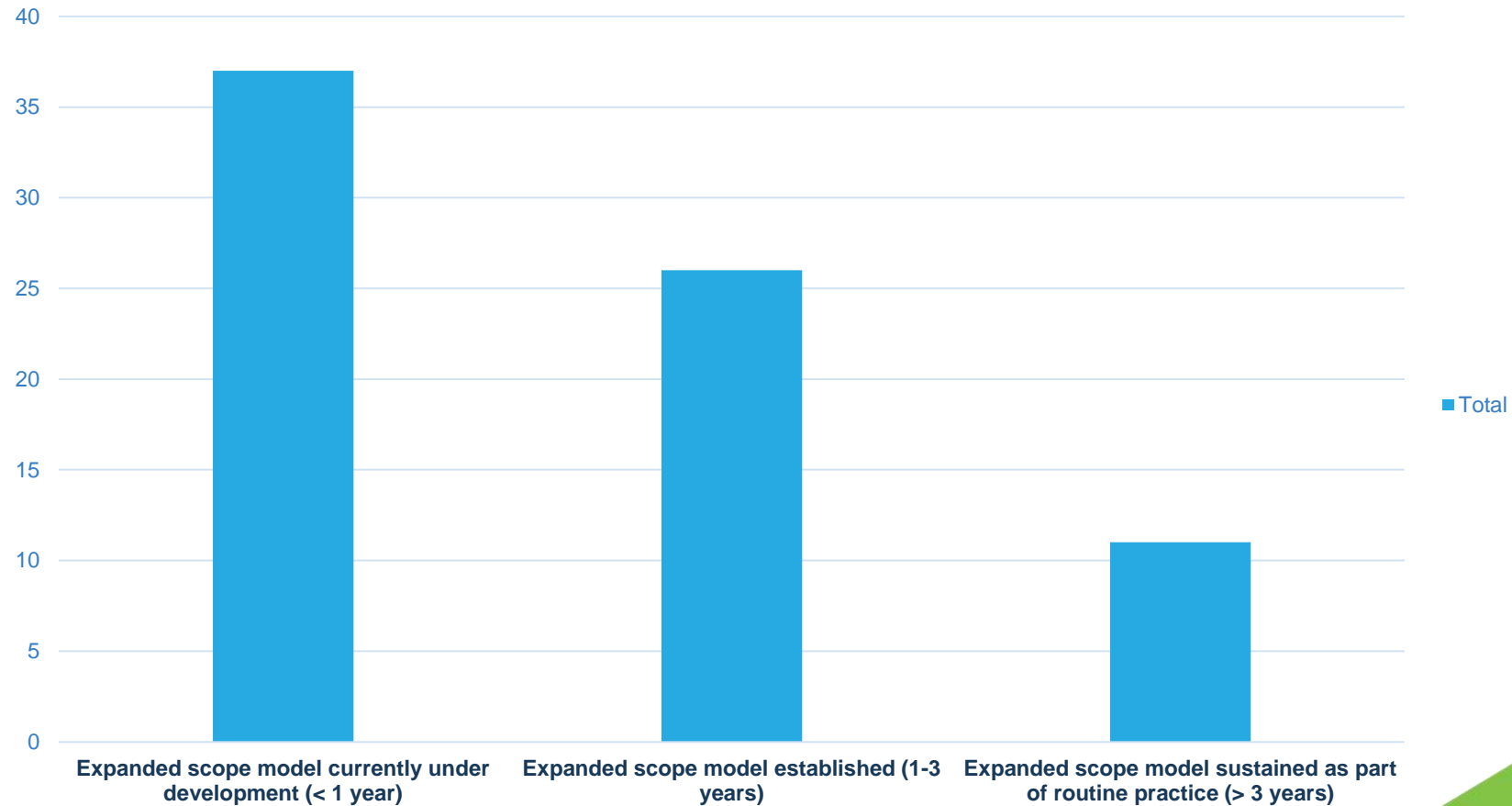
Results: Full scope models geographical locations



Formal models vs clinician directed interventions



Development stage of the model of care



Discussion

- Limitations - part way through implementation
- Way forward
 - Expanding models to urban and rural and remote locations
 - Sustaining existing models in the long term
 - Culture change
 - Redirection of existing resources
 - Collaboration with community managed organisations and between hospital and health services.



Contact

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